



德蘭中學

St. Teresa Secondary School

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蘭薰



Have you ever heard of the English idiom 'Practice makes perfect'? Our school has provided ample opportunities for us to practise our English. We would like to show our gratitude to our school for boosting our English standard over the years.

6A Papeye Yu

Thanks to our school for providing us with a lot of chances to learn English. Apart from all the English lessons, we have exposure to English throughout the week. For example, we are encouraged to interact with teachers and schoolmates in English on English Speaking Days. We can improve our English as well as boost our confidence in speaking the language. Also, our school organises a variety of activities, such as the school musical and different English competitions. They all help us learn English in an enjoyable way.

6A Jasmine Chan

The help I get from school is crucial to improving my English. The English-rich environment really helps us a lot to strengthen our language skills. For example, we have English Speaking Day every Wednesday. It is beneficial to our listening and speaking skills because all members of our school will communicate with others in English. Besides, Mr Li, who is our native English teacher, produces many "Campus TV" programmes and they are shown in the morning reading periods. They are not only fun, but also increase our exposure to English, and we can learn English in an interesting way.

6A Mandy Lam

Our school organises a lot of activities for us. Participating in them is a good way for me to learn English. For example, we joined the Speak-out-Act-up drama competition. It boosted my confidence in speaking English and nurtured my potential in acting.



6B Cherry Leung

We can play games like Scrabble in the English Corner in our school. The English Corner provides a relaxing environment for us to learn English. The games and activities really arouse my interest in learning English.

6B Susan Lee

I am so lucky that I have had such good English teachers in my life to help me at every step. I am glad that I have Miss Ng as my English teacher. I love the way she teaches. She is very kind and hard-working. We all love her so much!

As we are in S.6 now, time is running short and the HKDSE is coming. I am happy that our school provides a lot of practices to help us prepare for the exam. I truly believe that they benefit us a lot. I can improve my English with the help of the school and the teachers.



Chatting in English

Fun and games in the English Corner

HKVEP & LCCI Award Presentation Ceremony

HKVEP Workplace English Contest – 2016



▲ Over the moon!

Our students have enjoyed great success in the HKVEP Workplace English Contest over the last few years. The competition, which is organized by the Hong Kong Vocational English Programme (HKVEP), is a wonderful platform for students to show off their creativity and talents. In this year's contest, participants wrote and produced a radio programme on the topic of careers. Our girls won the Champion award out of over 110 entries.

5B Tsang Nga Man Stephanie

I was very shy at the beginning of the recording process. However, I was so glad we were able to finish it smoothly. During the prize ceremony, we were lucky to be interviewed by a newspaper reporter and we had a great time doing it. In this competition, I learnt about overcoming my fears. I know that I should not give up, but that I should be confident in my abilities. I would like to take this opportunity to give special thanks to my teammates.

5D Ng Wai Yan Janessa

I am really thankful to my teachers who introduced me to this competition. I had never written a script or recorded my voice for a radio show before, but the one thing which helped me solve all my problems was teamwork. This was really important since I had to work closely with my teammates. The competition also helped boost my confidence in speaking English. Recording and listening to myself speaking in English helped me to improve on my weaknesses. This was an amazing experience, and I am really grateful that we won the champion award. Many thanks to the teachers and schoolmates who gave us endless support.



▲ Receiving the Champion Award

6A Yu Ming Sum Karis

This was my first project that involved recording my own voice, so I was quite apprehensive at first. However, as we practised and got on with the recording process, my worries disappeared. We kept practising until we got better and better. On the day we put our programme together we stayed very late at school. Our experience proves that hard work is the means to achieving good results. I would like to thank our school for giving us a valuable opportunity to shine. Also, a special thanks to Mr. Li for helping us during the process.

6C Chan Long Ki Michelle

I'm thankful for having the opportunity to join this radio drama contest. I've done some similar competitions before, so I could put my past experience to good use. Since all of my group mates were senior form students, we didn't have much time to practise. Therefore, it was important to use the time we had wisely. I'm glad that my group mates worked well together and that our efforts were recognized.



◀ All on stage

多元學習
成績斐然

德蘭中學辯論隊隊員感言

《今天，我們會飛》

鼓起勇氣 跨出這距離 差一點我們也會飛
德蘭中辯，很年輕。大部分隊員都是這兩年內入隊的，大部分隊員都只是初中同學，教練、評判、辯論界的朋友們總說：「妳們還小。」但張介聰老師曾告訴我們：「夢想！舞台！機會！不每分每秒都緊抓不放，有可能觸摸到嗎？！」

仍然要相信 這裡會有想像
求時間變慢 不想迫於成長

我是鄭卓敏 / 鄭卓欣 / 莫曉兒 / 陳嘉丹 / 梁嘉琪 / 方咏思 / 麥華麒 / 李敏菁 / 黃小菁 / 薛舒悅 / 薛芷婷，我們上台、激辯、打到決賽來，於是我們知道了答案——我們不小，夢想的力量讓我們漸漸相信：我們強大，我們可以。

未了願 我替你朝浪濤吶喊
聽聽有沒有被迴響青春
怎會零創傷

德蘭中學禮堂的獎盃群中，最高的三個獎盃——一個個聯中亞軍獎盃佇立足有十年了。聯中冠軍，好像一直都是德蘭中辯的未了願。「剛好十年？」「剛好十年。」「咁有意義？」「好有意義，不過無左呢重意義，聯中冠軍本身都好有意義。」本身有什麼意義呢？知識是意義、快樂是意義、相信自己是意義、相信隊友是意義，做一件讓自己暢笑或爆喊但絕不後悔的事，不可能沒有意義。冠軍？亞軍？重要，但不是最重要。

向前行 攜手行 趁青春要奮進
不可辜負眼前好時光

冠軍戰，主結麥華麒、一副鄭卓欣、二副李敏菁、三副鄭卓敏，但我們都知道，台上四人的背後有介爺、舒媽、欣臨媽、Miss Yul以及全隊上下同心戮力攜手前進。若有掌聲，必須共享；若是彼此相伴，便是最好時光。

	主結	一副	二副	三副
初賽：港府應成立「農業持續發展基金」	陳嘉丹	梁嘉琪	鄭卓欣	方咏思
複賽：中國政府應放棄「小農經濟」發展模式	梁嘉琪	鄭卓欣	莫曉兒	鄭卓敏
十六強：美國應與俄羅斯合作對抗伊斯蘭國	麥華麒	梁嘉琪	鄭卓欣	鄭卓敏
八強：南北韓統一對東亞發展利大於弊	麥華麒	陳嘉丹	莫曉兒	李敏菁
四強：中國已擺脫文化大革命	麥華麒	鄭卓欣	李敏菁	鄭卓敏

向前行 由今天 承諾我目標 為世界美好多一點 付出所有

還記得嗎？「點解你要加入辯論隊？！」拓闊視野？了解時事？理性批判？……德蘭中辯給予我們太多太多，自大時候被罵了個狗血淋頭，於是學懂反省謙虛與體諒；自卑時候被罵了個狗血淋頭，於是學懂熱血搏盡奮力前進。自以為不卑不亢淡定從容時候被罵了個狗血淋頭，於是學懂熱血搏盡奮力前進。

更重要的是，我們明白了辯論並非為辯而辯，而是為不同的持份者發聲討公道，為世界去想像可以如何更加美好。「你信唔信真理越辯越明？」「我唔太信。」「我信，妳地都要信，妳講既未必係真理，但妳會接近左佢。」「有時我會發現自己講既野唔啱。」「發現自己錯，先識得分邊條路係啱。」

辯論這條路，暢笑過，爆喊過，但我們都絕對沒有後悔，也就絕對沒有走錯。毫不誇張地說，沒有辯論，沒有這幾位老師這幾位教練，沒有如今的我們。紙短，情長：感謝，感恩！



△第48屆聯校中文辯論賽總冠軍



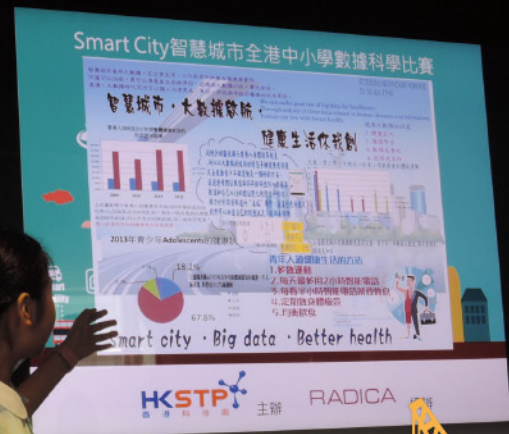
第五屆奇趣盃亞軍



香港學界辯論挑戰賽2016季軍

▽海傍合照





香港科學園大數據工作室

Smart City智慧城市全港中小學數據科學比賽奪冠及季軍

本學年9月，我校四名學生參加了由香港科學園大數據工作室主辦的Smart City智慧城市全港中小學數據科學比賽。比賽要求學生透過資料搜尋及分析，了解何謂大數據之外，亦須自選一個題目，作數據分析，然後以視覺資訊圖表的方式製作作品。

二愛班吳嘉瑩及黃珮瑜分別以作品「智慧城市·大數據啟航·健康生活你我創」及「智慧城市·大數據資料用途廣·從空氣污染指數到環保健康生活」獲中學組冠軍及季軍。在11月12日她們獲邀到香港科學園大數據工作室出席頒獎典禮。當天她們參觀了大數據工作室及分享了她們對參賽题目的分析過程。

二愛班黃珮瑜

透過今次比賽，我了解到環境保育的重要。比賽當中最困難的要算是資料整理，因為我從政府的網站中找到的資料非常龐大，整理並不容易，但由於我對環境保護的熱愛，以及對城市人健康的關注，最後也能一一解決這些難題。

在領獎時，我看到別的參賽者的優勝之處，從旁學習，獲益匪淺。在領獎後，老師的鼓勵令我有勇氣在科學方面發展，希望日後我能夠再在科學方面有所進益。



二愛班吳嘉瑩

在今次比賽中，我對香港人的健康情況加深了認識，發現香港人的健康狀況一般，而運用大數據應用程式來監看健康狀況就有了解自我的健康狀況。雖然在參賽當中我也遇到不同的挑戰，但最後都順利解決，希望各位同學可以踏出嘗試的第一步，主動參加更多不同的科學比賽，因為當中所得到的不單止是科學知識，而是一個訓練我們思考及創意的過程。



▲吳嘉瑩出席頒獎典禮

▲黃珮瑜出席頒獎典禮



聖約翰救傷學會

德蘭護士見習支隊於2013年8月7日成立，隸屬於聖約翰救傷隊少青團K分區的第二聯隊。與「成人隊」不同，隊員除需學習急救及步操外，紀律訓練及團隊精神才是少青團最重要的發展方向。

每年暑假的時候，也是聖約翰救傷隊活動的黃金期。除了步操、急救及護病學比賽的訓練外，義工服務可說是隊員最重視的活動之一。過去兩年的暑假，分別與英皇書院、喇沙書院和聖若瑟書院等支隊合作。活動由二月便開始籌備，由聯絡服務對象機構，商討活動內容至購買活動物資等等，也是由兩隊的隊員一手一腳籌備。楊隊員認為：「每年暑假我們都可以組織義工服務活動，服務社會大眾，充實自己的生活。」而另一位邢姓的隊員表示：「參加St. John的原因，除了能夠讓我學到急救知識以及體驗做義工的樂趣之外，更多的是因為我熱愛這個團隊，我喜歡與這個團隊一起拼搏的每一個瞬間。」

一年一度的隊制比賽可以說是少青團發展的基石。每隊的長官及隊員也會全情投入，努力準備比賽以爭取佳績。

德蘭護士見習支隊的隊員當然亦毫不鬆懈，除長官要求的訓練外，隊員一有空餘時間便自發練習。「與他們在比賽預備期間時，我感受到的都是滿滿的正能量。在這個團體中，我學到的不僅是急救知識，還從中學到了堅持與付出，令我獲益良多。」「步操是要靠多人的力量，不是自己一個便可以做到。有團結才有今天的我們！」「救傷隊帶給我的，不只是急救書上的資訊，同時也帶給我一群真心的戰友及無盡的經驗。」從以上隊員的心聲，不難看出她們已明白比賽的真諦。

在本年度的隊制比賽中，德蘭護士見習支隊勇奪全場總冠軍，來年度將會在更高組別中比賽。希望隊員能夠在救傷隊內不斷成長，學有所成，回饋社會。



里約奧運精英代表團訪港的當值隊員



▲ 本隊勇奪全場總冠軍

家長訪問

二忠班麥曉騏父母

轉眼間，小女已是中二的學生了。

回想起當日為小女選擇中學時，我們夫婦猶如緊張大師一般，到了不同的學校視察環境。當時我們刻意在學校附近觀察學生放學後的言行舉止，其中印象最深的是德蘭中學。該校的學生純品、天真活潑和對人有禮，故當小女獲派德蘭中學時，我倆稍為放下心頭大石。

小女自幼文靜、單純乖巧，且十分膽小。記得她初入學時，因為新環境和新同學的適應問題，造成困擾，再加上自我要求高，但有時事與願違，令她失去自信，一如小學時害怕上學，有時更無故哭泣。幸得班主任及時發現，立即呈報校方，並做出不同的調適安排，讓小女逐漸安心下來。

為了增強小女自信，負責學生事務的葉美寶助理校長更親自培訓小女說話與膽量，令她於清晨帶領全校默想早禱也不怯場。而培育組的彭志芬老師更不時與小女分享人生經驗，協助



小女度過適應期。在各方的支援下，小女終於放下了執着和解開煩惱與不快之事，融入校園生活。

在中二成長歷奇領袖訓練營中，透過不同的團體合作活動，小女學懂了如何溝通、分工合作、齊心協力完成目標。活動增強了她的自信心，人也變得開朗起來，也有助她建立堅毅、克服困難、團結等的領袖特質。

自小女入讀德蘭後，我們感受最深是學校領導有方，反應快，切入點準確，不單只是着重學業和品格的培育，更着重學生的校園生活、個人情緒和成長過程等的靈性培育。由此種種均可見學校上下團結齊心，重視每位學生，且盡心盡力。

小女有幸能在德蘭中學成長，真是我們一家的福氣。

馮子愨(畢業生)爸爸

回想自己讀高中的時候，每星期五晚都會經過何文田常盛街一所裝上大鐵閘和築有高圍牆的綠色建築物，後來才知道是德蘭中學，一所以主保聖人聖女小德蘭命名的女子中學。其實我並不認識德蘭中學，直至我三女子愨在德蘭中學就讀的六年學校生活裏，我才漸漸地感受到她的喜悅與快樂，明瞭德蘭中學的寶貴。

子愨在小學時學業成績一般，自信心和處事能力也比較遜色。在她準備升中期間，我一直希望她可以升讀小學的直屬英文中學。後來有一天她突然主動向我說：「爸爸，我可不可以選擇入讀德蘭中學？」，那刻我詳和地對她說了一聲「好」。我不知怎地裏放下了我的執着，只感到是主對我女兒的安排，所以我說了

一聲「好」。果然子愨就以第一志願被派進德蘭中學就讀，開始她的中學生活。

子愨在德蘭中學的六年學校生活裏，不但漸漸地培養出自信、主動積極的態度，亦領略和發揮出領袖才能，從中更投入和享受校園生活，而學業成績得以改善，漸進優異，更獲不同的獎項及獎學金，在今年更考上了大學。小女以上種種的改變和得着，我衷心感謝德蘭中學校長與老師們的悉心教導，並付出無比的愛心和忍耐，循循善誘及給與她不同的交流學習機會。在無私的犧牲精神下，付出自己的時間和努力，關愛、教導和培育子愨。

在此，我再一次多謝德蘭中學校長與老師們。主佑。

馮子愨小檔案

中四(2013-14)

- 少年警訊獎學金
- 天主教香港教區教區學校宗教教育獎
- 學業成績優異獎

中五(2014-15)

- 21世紀東亞青少年大交流計劃
- 盧敏琪校友獎學金——最傑出領袖獎
- 生物科學科獎
- 學業成績優異獎

中六(2015-16)

- 祈良神父教育基金
- 關慧賢校長念慈獎學金
- 化學科學科獎
- 生物科學科獎
- 學業成績優異獎



Message from an Alumnus

Hui Ka Man Camille

Director (Papa-Dio Company Limited)
Insurance Financial Planner (International Financial Planner Council)
Senior Unit Manager (Prudential Hong Kong Limited)

Since I left STSS in 1998, the motto of the school has always been my own motto. Critical thinking has always helped me to make better decisions at work and in everyday life. When I left university, I was so thankful that I could enter the Business Development Department of Hong Kong Telecom (HKT), where I was responsible for Mass Media and Public Relations Press. It was a sizeable firm at a moment when Hong Kong's economy was not up and flying. This position enabled me to get to the next stage in my career. I then moved to Johnson Stokes and Master (JSM), one of the largest law firms in Hong Kong where I entered its Business Development and Marketing Department.

During the years I spent in JSM, I developed both business development skills and an interest in law. I then studied a Master of Law Programme in mediation at the University of Hong Kong. After JSM, I set up my own social enterprise and entered the insurance business due to religious reasons. Recently, I completed a course in China Law and passed the PRC Bar Exam. Now I am beginning my new career with one of the biggest law firms in China with over 3,000 lawyers, and am helping with its business development plans.

Throughout my career, I have been thankful that God has granted me opportunities to win awards from the Chinese government and internationally recognized awards from the insurance industry. However, I have never chased awards nor do I see them as targets. For each and every opportunity I was given, I just tried my best and gave my best. Awards are only a small part of your visible achievements. Indeed, oftentimes I gained more satisfaction from the work in which I did not receive any awards or recognition.

I am really grateful that I studied in and graduated from STSS. During my secondary school life, I learnt what love was as well as how to love. Teachers and classmates were all very generous in sharing and giving. I felt so much love whenever I

faced obstacles during my studies. Together with my family, they helped me tackle all my problems. Love conquers everything and it gives me the perseverance and patience I need. This knowledge is such a precious gift and I acquired it during my secondary school life. The power of love still affects me each and every day. With love, we can give and share; we can live a joyful life even when there are hardships and challenges. Thanks to everyone who showed me love during my time at STSS.

The most difficult thing for me during my life at secondary school life was to maintain my Chinese Language ability. Since I was educated in an English primary school, my standard of Chinese was comparatively low. Even though I was ranked third in class in the first term in Secondary One, my scores for subjects in Chinese Language were all below 50 marks. However, with the continuous help of my classmates, the encouragement of my teachers and self-discipline, I finally scored a 'B' in Chinese Language and Chinese Literature in the HKCEE exam.

Life is a journey of love. I remember a song I learnt from STSS, it says, 'It's a long road to freedom, a winding steep and high. But when you walk in love with the wind on your wing and cover the earth with the songs you sing, the miles fly by.' Love is actually all around us. Love may even find us unexpectedly. If we observe what is happening around us, I am sure we can all find love, even from a stranger on the street. The love I am talking about here is not the intimate love between lovers, but the love that exists between you and others, like your parents, teachers, classmates and even strangers. I hope everyone finds love and joy during their journey in life. Challenges and difficulties in life are inevitable, but with LOVE they can be overcome.

Wishing you all the best!

▼ Camille shares her experience with Teresians



▲ Camille with Ms Hung



閃耀點

長跑姊妹花

► 長跑姊妹花 - 黃端茵(1D)、黃端紅(3A)

三愛班黃端紅同學是長跑好手，去年曾在香港天主教教區中學第二十二屆聯校運動會勇奪女子丙組400米冠軍、800米亞軍，康文署九龍城區分齡田徑比賽2015獲女子公開組800米亞軍。妹妹端茵今年也加入德蘭大家庭，兩姊妹於今屆陸運會齊創佳績，分別奪得乙組400米及800米、丙組400米及800米冠軍。祝願她倆在田徑場上繼續發光發亮。



師生齊心
碩果累累

2016-2017年度 上學期校外獲獎學生名單

學術

比賽項目	獎項	班別	學生姓名
香港科技園主辦			
智慧香港—全城橋王挑戰賽	冠軍 (中學組)	2D	樊沁津
全港中小學數據科學比賽	金獎	2A	吳嘉瑩
	銅獎		黃珮瑜
香港虛擬大學及教育局科學教育組主辦			
「化學家在線」自學獎勵計畫	鑽石獎	5A	莫曉童
		5B	譚珩珩
	金獎	5C	葉凱琳
	銀獎	5A	曾嘉慧
		5B	關熙楠
	銅獎	5A	周珈希、祝妍鑫、李諾恒、馬莉莎、謝栢如、鄧兆君
		5B	呂穎欣、謝馥蔓
		5C	劉芷穎
香港教育城 (教城) 主辦			
「創意共融編程大賽」	亞軍 (初中組)	2A	杜詠恩
		2C	區思晴
		2D	許穎彤、鄧萃兒
香港數學奧林匹克協會主辦			
「華夏盃」全國數學奧林匹克邀請賽 (香港賽區)	一等獎	3A	陳泳霖
Hong Kong Institute of Vocational Education (IVE)			
HKVEP Workplace English Contest 2016	Champion	5D	Ng Wai Yan, Janessa
		5B	Tsang Nga Man, Stephanie
		6A	Yu Ming Sum, Karis
		6C	Chan Long Ki, Michelle
The 68th Hong Kong Schools Speech Festival			
Dramatic Duologue	Winner	5A	Lau Hoi Ying, Tang Siu Kwan
	1st Runner-up	5B	Tsang Stephanie Nga Man
		5B	Tse Fuk Man
Solo Verse Speaking	2nd Runner-up	5B	Tsang Stephanie Nga Man
Choral Speaking	2nd Runner-up	Secondary 1 Girls (S.1A & 1D)	
		Secondary 2 Girls (S.2A & 2D)	
第六十八屆香港學校朗誦節			
粵語詩詞獨誦	季軍	4A	曾雪怡
粵語散文獨誦	季軍	5A	黃麗婷
中文辯論學會主辦			
第 48 屆聯校中文辯論比賽 (決賽)	冠軍	6A	麥華麒
		6B	李敏菁
		5A	方咏思
		4A	陳嘉丹、鄭卓敏、鄭卓欣、莫曉兒、梁嘉琪
		3A	陳泳霖、薛舒悅
基本法推介聯席會議主辦			
第 16 屆全港基本法盃辯論賽	九龍區亞軍	德蘭中學	
香港學界辯論挑戰賽			
香港學界辯論挑戰賽 2016	季軍	德蘭中學	
第十一屆「善言巧論」：全港學生口語溝通大賽 (決賽)			
中學文憑組小組討論 (粵語)	表現優異	5A	劉海迎
第十一屆「善言巧論」：全港學生口語溝通大賽 (初賽)			
中學文憑組小組討論 (粵語)	表現特優	5A	劉海迎
	表現優異	4B	楊昕怡
		6A	麥華麒
		6C	黃君怡
初中組備稿演講 (粵語)	表現優異	2A	蔡鶴寧、吳嘉瑩、杜詠恩
		2C	朱靖釗
		2D	許穎彤
中學文憑組即席演講	表現優異	4B	蕭洛澄
九龍城區撲滅罪行委員會主辦			
九龍城區中學生防罪標語創作比賽	優勝作品	5A	鄧海玲
九龍城區道路安全運動委員會主辦			
2016 至 2017 年度九龍城區道路安全運動—潛能創意畫表現中學組「道路安全標語創作」比賽	優異獎	1A	楊愷琪
		5A	曾嘉慧
		5D	郭穎詩

學術

比賽項目	獎項	班別	學生姓名
獎學金			
黃廷方獎學金	\$5000 獎學金及獎狀	4A	林倩茹
祁良神父教育獎學金	\$1500 獎學金及獎狀	6A	黃嘉欣
尤德爵士紀念獎學金	\$800 獎學金及獎狀	6A	吳穎欣
應用學習獎學金	\$1000 獎學金及獎狀	6D	梁雅茵
LCCI 倫敦商會主辦			
會計第一級	優等	5A	鄧兆君、劉海迎、謝栢如、周珈希
	良等	5A	文潔堂、施維嘉
		5B	韓詠詩

體藝

比賽項目	獎項	班別	學生姓名
中國北方書院 中國少年兒童美術書法攝影作品編輯委員會			
《中國少年兒童美術書法攝影作品》(第十九卷)暨2016“華夏兒藝”全國少年兒童美術書法攝影大賽	集體畫等獎	德蘭中學	
	美術畫等獎	4B	練曉瑩
		4D	張慧琦
		5A	施維嘉、黃麗婷
		5B	方嘉雯
		6A	吳穎彤
		6B	高若蘭
九龍城區兒童合唱團主辦			
第二十九屆九龍城區學校音樂匯演	最佳演出獎	德蘭中學	
南華體育會主辦			
第七十屆全港學界田徑運動會 2016 女甲標槍	冠軍	6D	鍾沛瑩
香港跆拳道協會主辦			
香港跆拳道品勢比賽 2016	冠軍 (色帶組)	3D	陳卓穎
香港跆拳道比賽 2016	冠軍	3D	陳卓穎
中國澳門游泳總會主辦			
第七屆澳門國際跳水邀請賽	亞軍 (女子雙人 1 米板)	4B	林慧珊
香港中華柔道會主辦			
中華盃柔道邀請賽	冠軍	1A	林依蓓
香港學界體育聯合會主辦			
香港學界游泳賽	殿軍	6A	余明琛
		6C	陳朗琪
		5C	劉芷穎、葉凱琳
香港業餘游泳總會主辦			
香港公開跳水比賽暨香港跳水邀請賽 2016	亞軍 (女子乙組 3 米板)	4B	林慧珊
	季軍 (女子乙組 1 米板)		
	亞軍 (女子乙組雙人 1 米板)		

其他

比賽項目	獎項	班別	學生姓名
少年警訊			
最佳學校支會	第二名		德蘭中學
聖約翰救傷隊			
步操比賽、制服檢閱比賽	冠軍	3A	林靖堯、彭泳蕎、邢婕
		3B	周子敏
		3D	黃蔚瑩
		4B	楊昕怡
		5B	譚珩珩、謝馥蔓
急救比賽	亞軍	5D	莊瑤、蔡沅庭
		3A	林靖堯、邢婕
		4B	楊昕怡
護病學比賽		5D	蔡沅庭
		3A	彭泳蕎
		5B	謝馥蔓

由於篇幅所限，獎項未能盡錄，詳情請見學校網址。

