

Nowadays, it is common for people to use a multitude of mobile apps on their electronic devices. Such apps allow users to contact people, pay bills and keep up to date with news. This is a generation where humans are highly dependent upon apps, otherwise known as the App Generation. Researchers are striving to discover whether apps are good or bad for us. So let's take a closer look.

What does "app" stand for? "App" is the abbreviated form of the word "application". It refers to a software application designed to run on a mobile device. People can download apps from apps stores such as the Apple Store and Google Play Store. There are millions of apps that can be used for different purposes like playing games and social interactions. Various studies have shown that 32% of people have

an average of 21 to 50 apps installed on their

can be put into different categories,

food, shopping, travel, communication.

Apps are now important role in our daily more ubiquitous than others. One such app is called includes lots of special effects for decorating or creating

commonly seen as playing an lives with some being "Snow". It is an app that fun drawings on your face.

smartphones. In general, these apps

social

video,

which include but are not limited to,

media

and

For instance, there is a function that can be used to exchange your face with your friend's. "Snow" is just like the software Photoshop. However, the difference is that all modifications to pictures can be done in seconds. It is popular with adolescents, who take photos and videos with "Snow" and share them freely

with friends and peers. Another favourite is a messaging app called "Telegram". It allows users to send messages, photos, videos and documents and create groups of up to 5,000 people.

The frequent use of apps should not necessarily be seen as something negative. One of the most important advantages is that our ability to communicate is far better than

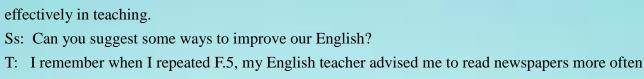


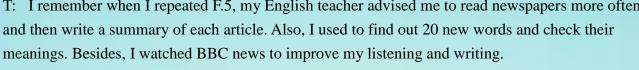






teaching so we have to integrate technology into the lessons. I am still learning how to use iPads





Ss: What do you recommend students do if they are under stress from their studies?

T: Don't focus on studies all the time. You have to do something that you like to relax.

Ss: Do you play any sports? How often do you exercise?

I love swimming and jogging. I often go swimming in the summer with my daughter as my daughter loves swimming too. At the beginning, I was not interested in jogging as my wife forced me to go jogging with her. But now, I love it since I can enjoy the beautiful scenery and the most important thing is I can do it with my family.

Ss: Which is your favorite country? Why?

T: My favourite country is Japan because it is tidy. Also, the air is fresh, which makes me feel relaxed

I love shopping in Japan too as the things are creative and special. They are different to what I see in Hong Kong. In addition, I can drive faster there because there is not so much traffic. That is what I can't do in Hong Kong.

Ss: Can you recommend some books that are worth reading?

T: I like reading the Bible because I can learn how to live my life -- how to love others like Jesus, how to live with my family, how to be a kind person, etc. Also, I understand what God did for us. I would recommend that you read the Bible as it is like a manual for our lives.

Ss: What advice would you give to our schoolmates if they want to be a teacher in the future?

T: I think attitude is more important than being knowledgeable. If you want to be a teacher, you should be patient and willing to love others. Also, you need to be a good learner and keep on improving yourself.











































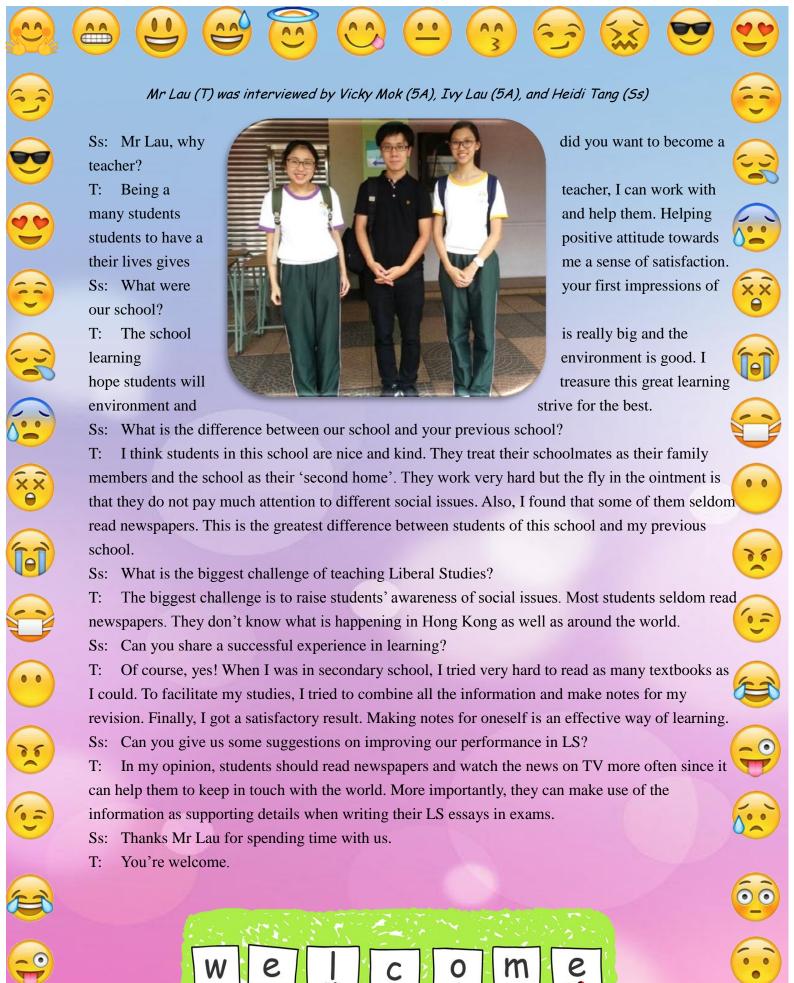






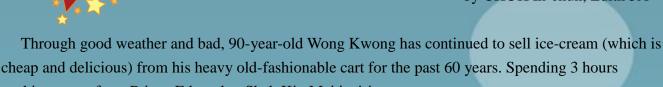






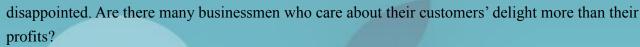






pushing a cart from Prince Edward to Shek Kip Mei is tiring, but Uncle Wong (as his customers call him) is glad to do so.

Because of his customers' happiness, he does not care too much about his income, and so insists on selling ice-cream every day. In his opinion, bringing a smile to his customers' faces is more valuable than money. He said that if his customers could not buy his ice-cream, they would be

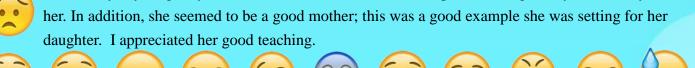


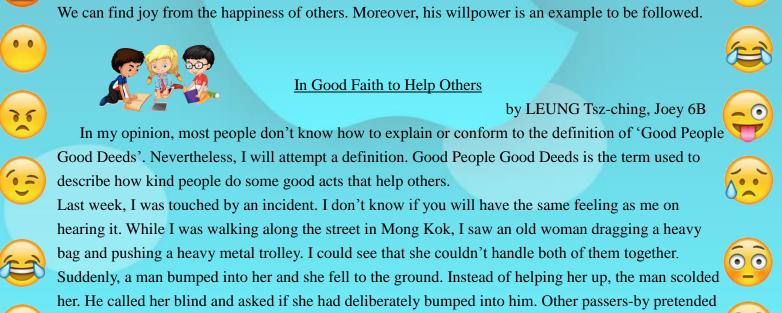
Many people buy his ice-cream or help him to push the cart as they want Uncle Wong to go back home early. However, he does not mind the hours. "To sell ice-cream is my job and I enjoy it very much," he said. From buying his stock to selling the ice-cream, he does everything by himself. His work ethic really touches my heart. Although it is more convenient to buy ice-cream from supermarkets, we cannot get the same hospitality. If you buy ice-cream from a supermarket, you will not feel thankful. On the other hand, if you buy one from Uncle Wong, I bet you will value it so much more. His ice-cream might

not be the cheapest nor the most delicious, but it has more 'heart'. Uncle Wong's teaches me not to be selfish; he encourages me to think about other people's happiness.

hearing it. While I was walking along the street in Mong Kok, I saw an old woman dragging a heavy bag and pushing a heavy metal trolley. I could see that she couldn't handle both of them together. Suddenly, a man bumped into her and she fell to the ground. Instead of helping her up, the man scolded her. He called her blind and asked if she had deliberately bumped into him. Other passers-by pretended not to see her; nobody was willing to come forward to help her stand up. The man left the woman lying on the ground.

Luckily, a young lady with a child took the initiative to help her. I thought they were really kind to her. In addition, she seemed to be a good mother; this was a good example she was setting for her daughter. I appreciated her good teaching.



















































When the young lady and the child left, I heard the child ask her mother, 'Mother, why did we help the old woman just now? We didn't know her. Why didn't we just go? You're late for your appointment.' The young mother replied, 'It's true I am late, but we shouldn't ignore someone in need. Helping others makes me feel happy.'

I realized that we should help others as much as we can, and with sincerity, because one day we may also need someone's help. Without someone's help, the old woman would have had difficulty in getting up. She would also have little faith in people. Although it may inconvenience us at times, we should remember the saying: 'It is more blessed to give than to receive.'



## Mr Li's English Corner Lessons from the Animal Kingdom





A lack of teamwork?

Isn't it great when you're on the same page, working with others to achieve a common goal? That's right, I'm talking about teamwork. If you like doing sports, you might get asked the following question: Do you prefer team sports or individual sports? Some will say the latter because they don't have to rely on others, and that their success (or failure) depends on their own skills and performance. However, we should remember that a person who finds success in an individual sport at the

highest level will have a whole host of people behind them, supporting them, training them, managing them, etc.

Teamwork is important in all areas of life: at home, in school and at work. If you like animals, as I do, you'll see this all the time when watching wildlife documentaries. Penguins will stand close together to stay warm when it is very cold and ants will work in a coordinated manner in order to accomplish tasks quickly. Also, when geese fly south the lead bird in the V formation has the harder job to push a way through the air. But when this bird gets tired, it moves back as another goose takes over. Therefore, all the birds get a chance to rest and they reach their final destination that much faster – a perfect example of teamwork!



I recently saw a video clip about meerkats. These animals take turns to stand on duty in order to keep the group safe from predators. The other members can relax, look for food or play knowing that someone is keeping an eye out for them. This instinct to help others is strong in meerkats, but the video clip I watched was special in that it was not filmed in the wild but in the safe environment of a zoo in London. So while there were no real dangers, the meerkats continued instinctively to work together as a team.

Observing the behaviour of animals can remind us of the many ways in which we can work together. We all have unique skills and talents (as well as weaknesses), but to be a good team player we need to appreciate others' strengths and weaknesses. It's nice to win as an individual, but it's more satisfying to win as a team!